**Be a good neighbor!**

- Keep in contact with your older friends, neighbors, and family.
- Be aware and alert for the possibility of abuse and exploitation.
- Look around and take note of what may be happening with your older acquaintances.
- Ask questions and listen.

If you or someone you know is being hurt or extorted or feels threatened or frightened, it’s okay to speak up and make a report.

**Make the call**

- 911 Emergencies
- Police Department (non-emergency line) 720-913-2000
- Adult Protective Services 720-944-2994
- District Attorney’s Hotline 720-913-9179
- Denver City Attorney’s Office 720-913-8020

**Speak up!**

**AGAINST ELDER ABUSE**

Elder abuse is NOT okay.

Learn the warning signs of abuse.

It IS okay to speak up!
What is elder abuse?
Elder abuse is intentional or negligent acts by a caregiver or trusted individual that harms, or could harm, an older adult.

- Neglect
- Physical abuse
- Sexual abuse
- Financial exploitation
- Emotional abuse
- Abandonment

It’s not okay to:
- Push, hit, slap, pull hair
- Take money, property
- Withhold or deny care
- Prevent access to food, medicine, basic needs
- Threaten or intimidate

Suspect abuse or exploitation?

Recognize the warning signs:

**S**udden changes in behavior, finances, or lifestyle

**P**hysical injuries, dehydration, malnourishment

**E**xtreme withdrawal, or depression

**A**bsence of basic care or necessities

**K**ept away from friends, family, neighbors

**U**nsanitary living conditions

**P**ersonal items or money missing

**PLAN**  Talk with family, friends and professionals you trust to plan for your future.

**BE CAUTIOUS**  Unscrupulous people target older adults to abuse or take advantage of them.

**STAY CONNECTED**  Isolation can make you vulnerable to abuse.

**REPORT**  Reporting abuse and neglect is easy — and the right thing to do. Everyone has the right to be safe!